

## ESCC report for Parish Councils    November 2017

ESCC Children's Services has been shortlisted in the Social Worker of the Year Awards 2017 in the category Best Social Worker Employer. Judges were impressed by the service and the hard work involved in creating a stable and creative workforce responding to rising demands and costs. The council team will find out whether they have actually won the award at a special ceremony on November 23rd.

People in East Sussex are being encouraged to have their flu "jab" this autumn. Australia and New Zealand have really struggled with this year's flu strains and there are fears that the pressures might be great for the UK. The flu vaccination is the best way to protect against the virus and children aged 2-8 years are especially encouraged to have the jab, with adults over 65, those with chronic or long term conditions, pregnant women, healthcare workers, and social care workers in contact with vulnerable people. These jabs are available from the GP. Anyone over the age of 18 can get a flu jab from their local chemist.

Young people in East Sussex have designed and produced a booklet advising schools how to support pupils' mental health needs. This was launched to mark World Mental Health Day on October 10th, ---**top 10 tips** on how schools can raise awareness and challenge the stigma surrounding mental illness while promoting positive mental health. The booklet lists advice and resources for young people.

The **Triple P** -Positive Parenting Programme- was introduced to the Permanent Secretary at the Department for Education, Jonathan Slater, when he visited Hastings recently with the Regional Schools Commissioner, Dominic Herrington. This is a course on parenting delivered through schools and funded jointly by ESCC and ESHT and H&R CCG as part of "Healthy Hastings and Rother ". Triple P is making a real difference to parents who struggle to cope with a range of behaviour issues and its positive impact is encouraging.

At the end of October, and during the middle of November, the CQC is inspecting East Sussex Better Together and Connecting for You which are the two health and social care initiatives in East Sussex to bring health and social care together. NHS England has set up 12 pilots to examine the interface between health and social care and ES is one of the pilots. This is a targeted review of East Sussex's health and social care systems , looking specifically at how people move between health and social care, with a particular focus on people aged over 65, and examining delayed transfers of care from the acute setting. ESBT is our whole health and social care transformation programme which we started in August 2014, and which has now reached the stage where we have an alliance between ESCC , the CCGs and the NHS (ESHT and Sussex Mental Health Foundation Trust). We are in a test bed year at present using an accountable care model and with a collective resource of £860m to meet the needs of our population. There will be a report on our pilot and a report on best practice as a result of these examinations.