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| |  | | --- | | **What are the four stages and what do they mean for me?** | |

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| |  | | --- | | **Stage one - earliest, 8th March 2021**   * All schools and colleges will reopen * University students can return for practical courses * Two people from different households can meet outside for recreation, which can include "a coffee on a bench". * One nominated person can visit a relative in a care home   **Stage one (part 2) - earliest, 29th March 2021**   * People will be allowed to meet outside, either with one other household or within the "rule of six", including in private gardens * The stay-at-home rule will end but people should stay local as much as possible * Outdoor sport facilities will reopen and formally organised outdoor sports can restart   **Stage two - earliest, 12th April 2021**   * Non-essential retail allowed to open, as well as hairdressers and other "close contact services" * Gyms, spas and swimming pools can reopen for individuals and households * UK domestic holidays away from home permitted, with self-contained accommodation able to reopen for use by members of the same household * Outdoor settings such as Zoos, theme parks and drive-in cinemas, as well as beer gardens and alcohol takeaways can re-open * Libraries and community centres can open   **Stage three - earliest, 17th May 2021**   * People can meet in groups of up to 30 outdoors, including outdoor theatres and cinemas * Six people or two households can meet indoors * Pubs, restaurants and other hospitality venues can seat customers indoors * Indoor entertainment such as museums, theatres, cinemas and children's play areas can open, as can adult indoor group sports and exercise classes. * Hotels, hostels and B&Bs can reopen to household groups * International leisure travel will resume no earlier than 17 May   **Stage four - earliest, 21st June 2021**   * All legal limits on social contact will be removed * No legal limits on the number of people who can attend weddings, funerals and other life events. * Nightclubs will be allowed to reopen | |

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| |  | | --- | | Four conditions must be met at each stage before moving on to the next one:   1. The coronavirus [vaccine programme](https://healthwatcheastsussex.us7.list-manage.com/track/click?u=72e09a3fb1b20033951fe214c&id=60e84aed1e&e=731f1d3b55) continues to go to plan 2. Vaccines are sufficiently reducing the number of people dying with the virus or needing hospital treatment 3. Infection rates do not risk a surge in hospital admissions 4. New coronavirus variants do not fundamentally change the risk of lifting restrictions | |